# Naast - Jogging Saint-Joseph - 2024

Course : 5 kms (Distance : 5000 m.) 26/04/24 - 1 -

| Doss | Pla. | Pl.cat | Nom | Club | Cat | Temps | Vit. | min/km |
|---|---|---|---|---|---|---|---|---|
| 12 | 1 | 1 | GYBELS Sébastien | TRAKKS | Sé | 0:16:40 | 18,000 | 3:20 |
| 74 | 2 | 1 | MONSIEUR Michaël | Born to Ru | V1 | 0:17:57 | 16,713 | 3:35 |
| 880 | 3 | 2 | BOTMANS Joris | JMP | Sé | 0:17:59 | 16,682 | 3:35 |
| 72 | 4 | 2 | VANDERROOST Davy | Vita Ninov | V1 | 0:18:27 | 16,260 | 3:41 |
| 130 | 5 | 3 | VANHEMELRYCK Guil | | Sé | 0:18:52 | 15,901 | 3:46 |
| 91 | 6 | 3 | PEREZ-RIAZA Michaël | NAC | V1 | 0:19:18 | 15,544 | 3:51 |
| 75 | 7 | 4 | DECOSTER Pierre | Born to Ru | V1 | 0:19:27 | 15,424 | 3:53 |
| 53 | 8 | 1 | MAJOIS Lewis | | Es | 0:19:30 | 15,384 | 3:54 |
| 133 | 9 | 2 | CORDIER Nicolas | | Es | 0:19:50 | 15,126 | 3:58 |
| 55 | 10 | 4 | SOLOGNA Nathan | | Sé | 0:20:36 | 14,563 | 4:07 |
| 63 | 11 | 1 | SNAUWAERT Patrick | ACDC | V2 | 0:20:38 | 14,539 | 4:07 |
| 103 | 12 | 5 | LENOM Axel | ETE | Sé | 0:20:40 | 14,516 | 4:08 |
| 64 | 13 | 3 | ROSSAY Nathan | TCDM | Es | 0:20:42 | 14,492 | 4:08 |
| 45 | 14 | 2 | DESTREBECQ David | Aramis Cl | V2 | 0:20:44 | 14,469 | 4:08 |
| 57 | 15 | 4 | SIRAULT Théo | | Es | 0:20:46 | 14,446 | 4:09 |
| 104 | 16 | 5 | GODEFROID Timothé | Trottineurs | Es | 0:20:49 | 14,411 | 4:09 |
| 81 | 17 | 6 | FOUSS Louis | USN | Es | 0:20:53 | 14,365 | 4:10 |
| 19 | 18 | 6 | VAN EYCKE François | THEODO | Sé | 0:20:58 | 14,308 | 4:11 |
| 84 | 19 | 5 | JAMAELS David | THEODO | V1 | 0:21:02 | 14,263 | 4:12 |
| 48 | 20 | 7 | ROOSENS Kenan | | Es | 0:21:04 | 14,240 | 4:12 |
| 49 | 21 | 6 | DE MOYTER Wim | FEAR | V1 | 0:21:21 | 14,051 | 4:16 |
| 122 | 22 | 8 | PAQUAY Johan | | Es | 0:21:31 | 13,942 | 4:18 |
| 59 | 23 | 1 | CRIPIAU Aurélien | MOHA | Ga | 0:22:08 | 13,554 | 4:25 |
| 31 | 24 | 9 | COTON Alexandre | | Es | 0:22:13 | 13,503 | 4:26 |
| 89 | 25 | 7 | VRANCK Laurent | THEODO | V1 | 0:22:28 | 13,353 | 4:29 |
| 101 | 26 | 1 | MARIN Noémie | MOHA | JF | 0:22:34 | 13,293 | 4:30 |
| 83 | 27 | 10 | VANMANSART Hugo | USBW | Es | 0:22:36 | 13,274 | 4:31 |
| 22 | 28 | 11 | DE PRYCKER Noé | TCDM | Es | 0:22:58 | 13,062 | 4:35 |
| 65 | 29 | 7 | ROSSAY Anthony | | Sé | 0:23:12 | 12,931 | 4:38 |
| 82 | 30 | 1 | DUPONT Marion | MOHA | DA | 0:23:17 | 12,884 | 4:39 |
| 50 | 31 | 12 | FONTIGNIES Théo | | Es | 0:23:21 | 12,847 | 4:40 |
| 21 | 32 | 13 | DE PRYCKER Aril | TCDM | Es | 0:23:43 | 12,649 | 4:44 |
| 76 | 33 | 1 | GARCIA LOPEZ Pedro | ETE | V3 | 0:23:50 | 12,587 | 4:46 |
| 34 | 34 | 3 | VAN DER CRUYSSEN | | V2 | 0:24:01 | 12,491 | 4:48 |
| 1 | 35 | 14 | VEKEMANS Thomas | | Es | 0:24:13 | 12,388 | 4:50 |
| 87 | 36 | 8 | DE JONGH Steve | ETE | V1 | 0:24:21 | 12,320 | 4:52 |
| 120 | 37 | 8 | LAZZERINI Sacha | Magiciens | Sé | 0:24:27 | 12,269 | 4:53 |
| 106 | 38 | 9 | HOST Arthur | | Sé | 0:24:32 | 12,228 | 4:54 |
| 20 | 39 | 10 | MABILLE Pierre | Les Magic | Sé | 0:24:54 | 12,048 | 4:58 |
| 77 | 40 | 1 | HANNECART Adeline | Mons run | A1 | 0:25:12 | 11,904 | 5:02 |
| 46 | 41 | 11 | COQUETTE Mathéo | | Sé | 0:25:28 | 11,780 | 5:05 |
| 79 | 42 | 9 | DUFRANE Nicolas | Mons runn | V1 | 0:25:33 | 11,741 | 5:06 |
| 70 | 43 | 2 | DAUCHOT Camille | THEODO | DA | 0:25:35 | 11,726 | 5:07 |
| 32 | 44 | 12 | HATEM Roger | THEODO | Sé | 0:25:37 | 11,711 | 5:07 |
| 58 | 45 | 2 | VAN DE WALLE Laur | MOHA | A1 | 0:25:39 | 11,695 | 5:07 |
| 96 | 46 | 3 | DURIEU Victoria | PHARGO | DA | 0:25:40 | 11,688 | 5:08 |
| 94 | 47 | 13 | BRUSTEN Charles | Brusteam | Sé | 0:25:45 | 11,650 | 5:09 |
| 102 | 48 | 2 | LEBRUN Charline | Rsc Naast | JF | 0:25:50 | 11,612 | 5:10 |
| 123 | 49 | 2 | DELATTE Raphaël | | Ga | 0:25:53 | 11,590 | 5:10 |
| 41 | 50 | 3 | FILECCIA Céline | | A1 | 0:25:54 | 11,583 | 5:10 |
| 97 | 51 | 10 | DEHUT Sébastien | Mons runn | V1 | 0:25:59 | 11,545 | 5:11 |
| 42 | 52 | 11 | LIMBOURG Nicolas | BIKE | V1 | 0:26:01 | 11,531 | 5:12 |
| 33 | 53 | 15 | FERMEUSE Hugo | | Es | 0:26:17 | 11,414 | 5:15 |
| 80 | 54 | 4 | HANNECART Aurore | Mons run | A1 | 0:26:21 | 11,385 | 5:16 |
| 86 | 55 | 14 | DE JONGH Thibaut | ETE | Sé | 0:26:25 | 11,356 | 5:17 |
| 115 | 56 | 12 | BOTTE Vincent | ETE | V1 | 0:26:27 | 11,342 | 5:17 |
| 10 | 57 | 15 | MATON Sébastien | | Sé | 0:26:39 | 11,257 | 5:19 |
| 118 | 58 | 5 | HENDRICKX Raphaëll | | A1 | 0:26:43 | 11,228 | 5:20 |
| 40 | 59 | 1 | STOPPIE Filip | ACP | V4 | 0:27:14 | 11,015 | 5:26 |
| 68 | 60 | 2 | STEENS Emile | JC Estinne | V3 | 0:27:22 | 10,962 | 5:28 |
| 111 | 61 | 3 | MABILLE Jules | Wetrail | Ga | 0:27:37 | 10,863 | 5:31 |
| 110 | 62 | 13 | MABILLE Olivier | BDD | V1 | 0:27:40 | 10,843 | 5:32 |
| 90 | 63 | 6 | LEFEBVRE Elodie | HAC | A1 | 0:27:45 | 10,810 | 5:33 |
| 119 | 64 | 16 | AVAUX Nicolas | Magiciens | Sé | 0:28:02 | 10,701 | 5:36 |
| 2 | 65 | 4 | POLAIN Mathéo | | Ga | 0:28:04 | 10,688 | 5:36 |
| 15 | 66 | 14 | SCORIER Vincent | Trottineurs | V1 | 0:28:08 | 10,663 | 5:37 |
| 127 | 67 | 1 | RASMONT Fabienne | MOHA | A3 | 0:28:17 | 10,606 | 5:39 |
| 26 | 68 | 5 | LISART Gaëtan | | Ga | 0:28:31 | 10,520 | 5:42 |
| 17 | 69 | 1 | MEIRHAEGHE Ann | Trottineu | A2 | 0:28:38 | 10,477 | 5:43 |
| 3 | 70 | 15 | CARLIER Christophe | | V1 | 0:28:45 | 10,434 | 5:45 |
| 132 | 71 | 7 | MINISTRU Guiseppina | | A1 | 0:28:48 | 10,416 | 5:45 |
| 93 | 72 | 16 | LANGHENDRIES Gauth | | V1 | 0:28:51 | 10,398 | 5:46 |
| 38 | 73 | 2 | VRAY Valérie | Team Hor | A2 | 0:28:52 | 10,392 | 5:46 |
| 44 | 74 | 2 | GLORIEUX Katleen | | A3 | 0:28:57 | 10,362 | 5:47 |
| 30 | 75 | 3 | DESAGRE Sabine | ONS | A2 | 0:29:08 | 10,297 | 5:49 |
| 126 | 76 | 4 | DEWILDE Jessica | MOHA | A2 | 0:29:24 | 10,204 | 5:52 |
| 116 | 77 | 6 | MOORS Solan | St Joseph | Ga | 0:29:33 | 10,152 | 5:54 |
| 71 | 78 | 4 | DEWAELE Jean-Claude | Trottineurs | V2 | 0:29:42 | 10,101 | 5:56 |
| 128 | 79 | 4 | TOULMONDE Margau | | DA | 0:29:56 | 10,022 | 5:59 |
| 100 | 80 | 3 | GOSSET Didier | | V3 | 0:29:59 | 10,005 | 5:59 |
| 121 | 81 | 5 | PAQUAY Olivier | | V2 | 0:30:01 | 9,994 | 6:00 |
| 54 | 82 | 16 | DE ROECK Arnaud | | Es | 0:30:15 | 9,917 | 6:03 |
| 108 | 83 | 17 | CANNUYER Jimmy | | Sé | 0:30:19 | 9,895 | 6:03 |
| 60 | 84 | 5 | TRIFFET Amélie | | DA | 0:30:47 | 9,745 | 6:09 |
| 66 | 85 | 17 | DESSART Olivier | MRT | V1 | 0:30:49 | 9,734 | 6:09 |
| 8 | 86 | 7 | VANDEN BROECK Aur | | Ga | 0:30:52 | 9,719 | 6:10 |
| 5 | 87 | 8 | CARLIER Quentin | | Ga | 0:31:02 | 9,667 | 6:12 |
| 29 | 88 | 9 | DASNOY Sacha | | Ga | 0:31:03 | 9,661 | 6:12 |
| 125 | 89 | 17 | DEMANET Brandon | | Es | 0:31:05 | 9,651 | 6:13 |
| 52 | 90 | 18 | DURIEUX Tom | | Es | 0:31:16 | 9,594 | 6:15 |
| 109 | 91 | 1 | MABILLE Inès | Wetrail | Fi | 0:31:34 | 9,503 | 6:18 |
| 88 | 92 | 5 | DEVILLE Anne | ETE | A2 | 0:31:37 | 9,488 | 6:19 |
| 124 | 93 | 18 | LOMBART Dimitri | Wetrail | V1 | 0:31:43 | 9,458 | 6:20 |
| 25 | 94 | 6 | CAAMANO LADO Elis | | DA | 0:31:54 | 9,404 | 6:22 |
| 36 | 95 | 7 | ORTIZ SANCHEZ Elér | BDD | DA | 0:32:15 | 9,302 | 6:27 |
| 98 | 96 | 8 | DELENER Angélique | | A1 | 0:32:18 | 9,287 | 6:27 |
| 14 | 97 | 6 | CHEVALIER Anne-Em | Trottineu | A2 | 0:32:21 | 9,273 | 6:28 |
| 99 | 98 | 8 | BASTIEN Lyndelle | | DA | 0:32:23 | 9,264 | 6:28 |
| 117 | 99 | 9 | DUTHY Aurélie | | A1 | 0:32:31 | 9,226 | 6:30 |
| 43 | 100 | 1 | STEENHOUT Lutgard | | A4 | 0:32:57 | 9,104 | 6:35 |
| 85 | 101 | 9 | MICHEAUX Emilie | | DA | 0:33:37 | 8,924 | 6:43 |
| 114 | 102 | 10 | LEPAPE Audrey | THEODO | A1 | 0:33:47 | 8,880 | 6:45 |
| 69 | 103 | 7 | WIELEMANS Mélanie | THEODO | A2 | 0:33:58 | 8,832 | 6:47 |
| 47 | 104 | 4 | TOPART André | THEODO | V3 | 0:34:00 | 8,823 | 6:48 |
| 92 | 105 | 2 | TORDEURS Martine | | A4 | 0:34:04 | 8,806 | 6:48 |
| 61 | 106 | 10 | MULDERS Shirley | | DA | 0:34:54 | 8,595 | 6:58 |
| 107 | 107 | 11 | DUTRY Marie | | DA | 0:35:05 | 8,551 | 7:01 |
| 56 | 108 | 6 | BAUDSON John | | V2 | 0:35:38 | 8,419 | 7:07 |
| 23 | 109 | 3 | GALAND Brigitte | HAC | A3 | 0:35:57 | 8,344 | 7:11 |
| 24 | 110 | 5 | RENARD Didier | HAC | V3 | 0:35:58 | 8,341 | 7:11 |
| 11 | 111 | 11 | HUART Sabrina | | A1 | 0:36:42 | 8,174 | 7:20 |
| 27 | 112 | 19 | VANDEN BROECK Ant | | Es | 0:37:54 | 7,915 | 7:34 |
| 35 | 113 | 12 | GOBERT Laura | | DA | 0:40:05 | 7,484 | 8:01 |
| 73 | 114 | 2 | MATON Herman | JET | V4 | 0:41:40 | 7,200 | 8:20 |
| 28 | 115 | 2 | VANDEN BROECK Al | | Fi | 0:41:43 | 7,191 | 8:20 |
| 4 | 116 | 3 | CARLIER Elyne | | JF | 0:41:45 | 7,185 | 8:21 |
| 6 | 117 | 12 | VERRIEST Céline | | A1 | 0:41:46 | 7,182 | 8:21 |
| 112 | 118 | 4 | ANTOINE Joëlle | JCPMF | A3 | 0:44:00 | 6,818 | 8:48 |
| 113 | 119 | 6 | QUINIET Marc | | V3 | 0:44:02 | 6,813 | 8:48 |